

Course Outcomes – Program Outcomes (COPO) Mapping

Program Outcomes (PO): B.A. (H) Psychology

Learning Outcome-based Curriculum Framework (LOCF)

The LOCF approach is envisioned to provide a focused, outcome-based syllabus at the undergraduate level with an agenda to structure the teaching-learning experiences in a more student-centric manner

ABBREVIATIONS / NOMENCLATURE

S. No.	Nomenclature	Description	Aggregate Courses
1.	CC	Core Courses	CC1, CC2, CC3, CC4, CC5, CC6, CC7, CC8, CC9, CC10, CC11, CC12, CC13, CC14, CC15
2.	DSE	Discipline Specific Electives	DSE1, DSE2, DSE3 DSE4
3.	GE	General Electives	GE1, GE2, GE3, GE 4
4.	BAP	BA Program	BAP1, BAP2, BAP3, BAP4, BAP5, BAP6

Program Outcomes (PO): B.A. (H) Psychology (LOCF)

S..	Program Outcomes (PO): B.A. (H) Psychology	Statements
1.	PO1	Knowledge about the discipline and research methods.
2.	PO2	Basic professional skills pertaining to psychological testing , assessment and counselling
3.	PO3	Ability to use skills in specific areas related to chosen specialisation (e.g. cognitive, industrial -organisational, clinical, counselling, health, educational, social, community).
4.	PO4	Ability to connect theory with personal experiences and varied applied settings.
5.	PO5	Understand how psychology can be applied to solve problems facing humankind.
6.	PO6	Computer literacy, including the ability to use various e-resources, technology and social media.
7.	PO7	Articulation of ideas scientific writing and authentic reporting.
8.	PO8	Tolerating ambiguities and appreciating the limitations of the discipline, and critically analyzing conflicting theories and approaches.
9.	PO9	Understanding varied socio-cultural contexts, being mindful of indigenous traditions.
10.	PO10	Creating awareness about gender issues.
11.	PO11	Cultivating an ethical mindset, including a strong work ethic, avoiding unethical behaviours such as data fabrication and plagiarism, being mindful of implications of research using human participants.
12.	PO12	Commitment to health and wellbeing at different levels (e.g. individual, organization, community, society).
13.	PO13	Developing skills of communication , negotiation, team work, effective presentation , etc.
14.	PO14	Appreciating and tolerating diversity.
15.	PO15	Developing positive attributes such as empathy, compassion, optimism, social participation, and accountability.
16.	PO16	Self-development and personal growth.

Course Outcomes (CO): B.A (H) Psychology

SEMESTER 1:			
CC1: INTRODUCTION TO PSYCHOLOGY			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111103	Introduction to Psychology	CO1	To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.
		CO2	Appreciation of the scope and the field of psychology.
		CO3	Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, and thinking.

CC 2: STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH:			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111104	STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH	CO1	To familiarize students with the use of statistical methods in psychological research.
		CO2	To foster an understanding of the techniques of descriptive statistics for quantitative research.
		CO3	To teach the application of the same in the field of psychology.

GE-1 (FOR HONOURS):			
GENERAL PSYCHOLOGY			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12115907	GENERAL PSYCHOLOGY	CO1	Developing knowledge of the basic concepts in psychology.
		CO2	Understanding the psychology of individual differences.
		CO3	Developing skills for applying psychological knowledge to real life situations.
BAP 1: FOUNDATION OF PSYCHOLOGY			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
62111101	Foundation of psychology	CO1	To understand the basic psychological processes and their applications in everyday life

SEMESTER I: COPO MAPPING																	
Paper	Program Outcome : PO																
	Course Outcome: CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PO 13	PO 14	PO 15	PO 16
CC1	CO1				✓												
	CO2	✓															
	CO3				✓												
	CO4	✓															
CC2	CO1	✓														✓	
	CO2	✓															
	CO3		✓														
	CO4			✓											✓		
GE1	CO1	✓															
	CO2															✓	
	CO3				✓												
	CO4		✓														
BAP1	CO1	✓															
	CO2		✓														
	CO3														✓		
	CO4				✓												

SEMESTER II: CC 3: BIOPSYCHOLOGY			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111203	BIOPSYCHOLOGY	CO1	Understanding the biological bases of human behaviour, its nature and scope.
		CO2	Developing critical thinking to use scientific techniques for biological psychology and developing an awareness of ethical issues accompanying them.
		CO3	Having basic knowledge about the structures of the human brain, their functions and impact on human behaviour.
		CO4	Realizing the importance of hormones in behaviour, cognition and emotion.

CC 4: PSYCHOLOGY OF INDIVIDUAL DIFFERENCES			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
		CO1	To develop an understanding of the concept of individual differences.
12111203	PSYCHOLOGY OF INDIVIDUAL DIFFERENCES	CO2	To acquaint the learner with the complexities of personality theories
		CO3	Understanding the various approaches to intelligence and appreciation of the diverse frameworks.
		CO4	To know the process and principles of motivation and emotion and appreciating diverse frameworks.

BAP 2:INTRODUCTION TO SOCIAL PSYCHOLOGY			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
		CO1	To understand the basics of social psychology and to understand the individual in the social world.
62111201	Introduction to social psychology		

GE-2 (FOR HONORS) PSYCHOLOGY FOR HEALTH AND WELLBEING			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
		CO1	Understanding the spectrum of health and illness.
12115909	PSYCHOLOGY FOR HEALTH & WELLBEING	CO2	Demonstrating adequate knowledge about issues related to stress, stress management and coping.
		CO3	Developing adequate knowledge about the promotion of healthy behaviour.
		CO4	Cultivating inner strengths and virtues, like hope and optimism.

SEMESTER II: COPO MAPPING																	
Paper	Program Outcome : PO																
Course Outcome: CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PO 13	PO 14	PO 15	PO 16	
CC3	CO1	✓															
	CO2										✓						
	CO3	✓									✓						
	CO4				✓												
CC4	CO1	✓												✓			
	CO2					✓											
	CO3							✓									
	CO4				✓									✓			
BAP1	CO1	✓															
	CO2					✓											
	CO3			✓													
	CO4					✓											
GE2	CO1	✓															
	CO2	✓															
	CO3											✓					
	CO4												✓				

SEMESTER III CC 5: DEVELOPMENT OF PSYCHOLOGICAL THOUGHTS			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111301	DEVELOPMENT OF PSYCHOLOGICAL THOUGHTS	CO1	Building an understanding of prehistory and history of psychology, including philosophical and general-scientific milestone events that have influenced the development of the discipline.
		CO2	Identifying and appreciating the diversity of contributions to the contemporary fields of psychology.
		CO3	Developing critical thinking skills with increased ability to articulate sound arguments and ask sophisticated questions regarding theories and principles of psychology.
		CO4	Describing the key figures in the history of psychology and the major contributions and perspectives.
		CO5	Provide an introduction to the development of the discipline both from the Indian as well as western perspective.

CC 6 : PSYCHOLOGICAL RESEARCH			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111303	PSYCHOLOGICAL RESEARCH	CO1	Awareness of the basic features of various types of research undertaken with human beings and understanding of the use of basic terminology used inhuman research.
		CO2	Developing familiarity with different kinds of measures and techniques for assessing individual differences.
		CO3	Understanding the distinctive features of a select qualitative research methods and plan small qualitative research.
		CO4	understanding the importance of maintaining ethical and moral integrity of the researcher.
		CO5	To educate students with the process and methods of qualitative and quantitative psychological research traditions.

CC 7: SOCIAL PSYCHOLOGY

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
	SOCIAL PSYCHOLOGY	CO1	Understanding the basic social psychological concepts and familiarizing with relevant methods.
		CO2	Developing skills pertaining to mapping of social reality and understanding how people evaluate social situations.
		CO3	Developing an understanding pertaining to social influence processes particularly the influence of others on individual behaviour and performance.
		CO4	Develop an understanding of the individual in relation to the social world.

GE-3 (FOR HONORS)

SOCIAL PSYCHOLOGY UNDERSTANDING HUMAN WORLD

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12115923	Social psychology understanding human world	CO1	Familiarizing with basic social psychological concepts and relevant methods.
		CO2	Developing an understanding of the individual in relation to the social world,
		CO3	Understanding aggression , its prevention and control.
		CO4	Understanding how prejudice is formed and how to reduce it.

BAP 3: UNDERSTANDING PSYCHOLOGICAL DISTRESS AND WELL-BEING

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
62114301	Understanding psychological distress and well-being.	CO1	To introduce the concepts of psychological distress and abnormality and to understand how to achieve well-being.

SEMESTER III : COPO MAPPING

Paper	Course Outcome: CO	Program Outcome : PO																
		PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PO 13	PO 14	PO 15	PO 16	
CC5	CO1	✓																
	CO2	✓																
	CO3								✓									
	CO4	✓			✓													
CC6	CO1	✓															✓	
	CO2			✓														
	CO3	✓			✓													
	CO4										✓					✓		
GE3	CO1	✓																
	CO2									✓								
	CO3									✓								
	CO4									✓								
BAP3	CO1	✓																
	CO2					✓												
	CO3				✓											✓		
	CO4														✓			

SEMESTER IV

CC 8 - UNDERSTANDING PSYCHOLOGICAL DISORDER

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111401	Understanding psychological disorder	CO1	Acquiring knowledge and skills for distinguishing normal abnormal behaviour and learning the criteria of determining abnormality.
		CO2	Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and statistical Manual of Mental Disorders and International Classification of Diseases - Mental Disorder Section)
		CO3	Acquiring knowledge about Anxiety Disorders and Trauma & Stressor - related , Dissociative and Personality Disorders.
		CO4	Developing sensitivity towards individual and cultural diversity.

CC 9: STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111403	Statistical method for psychological research	CO1	Developing an understanding of the nature of qualitative and quantitative inquiry.
		CO2	To educate students with the techniques of inferential statistics and hypothesis testing.
		CO3	Developing a basic knowledge of how to analyze data quantitatively.

CC 10- APPLIED SOCIAL PSYCHOLOGY.

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111403	Applied social psychology	CO1	Understanding the key issues and theoretical concepts related to social inequalities, especially in the Indian context.
		CO2	Developing insights into one's own behaviours as a man (or as a woman) through self-reflexivity.
		CO3	Learning to apply theoretical knowledge of social psychology in designing intervention systems.
		CO4	Developing insights into issues related to groups, environment and the legal system.

**GE-4 (FOR HONORS)
PSYCHOLOGY AT WORK**

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12115910	Psychology at work	CO1	To understand the meaning and theoretical foundations of I/O Psychology
		CO2	To understand the evolution of the field of I/O psychology and to appreciate challenges faced by the field today
		CO3	To develop an understanding of how the various theories and methods of I/O Psychology apply to real work settings
		CO4	To develop an appreciation of the process of communication in organizations and to manage communication effectively .

BAP 4 : STATISTICAL METHODS AND PSYCHOLOGICAL RESEARCH

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
621114402	Statistical methods and psychological research	CO1	To introduce basic statistical methods, psychological testing and qualitative methods and their uses

SEMESTER IV : COPO MAPPING																
Papers	Program Outcome : PO															
Course Outcome: CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PO 13	PO 14	PO 15	PO 16
CC 8	CO1	✓	✓													
	CO2				✓											
	CO3	✓														
	CO4													✓		
CC 9	CO1	✓														
	CO2	✓		✓												
	CO3			✓												
	CO4							✓								
CC10	CO1				✓					✓						
	CO2	✓	✓	✓												
	CO3			✓												
	CO4													✓		
GE 4	CO1	✓			✓											
	CO2					✓										
	CO3	✓														
	CO4												✓			
BAP4	CO1	✓														
	CO2				✓											
	CO3												✓			
	CO4					✓										

SEMESTER V			
CC11: UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111501	Understanding and dealing with psychological disorders.	CO1	To introduce the etiological understanding and therapeutic interventions for the various psychological disorders
		CO2	Develop an understanding of Childhood disorders
		CO3	To introduce personality disorders and substance related disorders.

CC12 : DEVELOPMENTAL PSYCHOLOGY:			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
		CO1	Demonstrating an ability to understand and distinguish major theoretical perspectives and methodological approaches in human development
12111503	Developmental psychology	CO2	Developing an ability to identify the milestones in diverse domains of human development across life stages
		CO3	Developing an ability to identify the milestones in diverse domains of human development across life stages
		CO4	Acquiring an ability to decipher key developmental challenges and issues faced in the Indian societal context.

DSE 01: POSITIVE PSYCHOLOGY			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
		CO1	Appreciating and understanding the meaning and conceptual approaches to positive psychology
12117901	Positive psychology	CO2	Being able to understand the how positive emotional states contribute to resilience, happiness, and wellbeing
		CO3	Learning the various pathways through which cognitive states and processes influence self-efficacy, optimism and wellbeing
		CO4	Being able to identify the applications of positive psychology.

DSE03 : HEALTH PSYCHOLOGY			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
		CO1	Understanding health psychology and the relation between mind and body.
12117903	Health Psychology	CO2	Identifying the characteristics of healthy behaviours and promoting them
		CO3	Understanding a variety of health enhancing behaviours and the importance of exercise, nutrition, safety and management of pain and stress
		CO4	Developing an understanding of pursuing research in health psychology domains and developing interventions

BAP 5: LIFESPAN DEVELOPMENT			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
62117903	Lifespan Development	CO1	To understand how human life unfolds from conception to late adulthood and to understand the relationship between theory and applications within each domain of development

COPO MAPPING

SEMESTER V : COPO MAPPING																	
Program Outcome : PO																	
	Course Outcome: CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PO 13	PO 14	PO 15	PO 16
Papers CC11	CO1	✓				✓											
	CO2					✓											
	CO3					✓											
	CO4					✓											
CC12	CO1	✓															
	CO2					✓											
	CO3													✓			
	CO4		✓														
DSE1	CO1	✓															
	CO2															✓	
	CO3															✓	✓
	CO4					✓											
DSE3	CO1	✓															
	CO2			✓													
	CO3												✓				
	CO4	✓															
BAP5	CO1	✓															
	CO2									✓							
	CO3												✓				
	CO4		✓														

SEMESTER VI CC14: ORGANISATIONAL BEHAVIOR			
Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12111605	Organisational behavior	CO1	To develop an awareness of the concepts related to organizational behaviour and to help the students develop a connection between concepts and practices of organizations
		CO2	Understanding the evolution of the field of organizational behaviour and the challenges faced by the field today, for instance diversity, corporate social responsibility, etc.
		CO3	Developing a deeper understanding of conceptual and theoretical bases of motivation and employees' work attitudes and their relationship with performance and organizational outcomes.
		CO4	Understanding leadership processes from different theoretical perspectives.

CC 15 : COUNSELLING PSYCHOLOGY

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
		CO1	To develop an understanding of basic concepts, processes, and techniques of Counselling. • Having a comprehensive understanding of the profession of counselling, particularly in the Indian context
12111603	Counselling Psychology	CO2	Acquiring basic counselling skills of problem identification, and relationship building (e.g. Empathy, listening, paraphrasing, unconditional positive regard).
		CO3	Developing qualities of an effective counsellor including increasing self-awareness, reflexivity, self-monitoring and objectivity.
		CO4	Helping clients having mild concerns in life; for instance acting as peer counsellors in the college/community

DSE 07 : PSYCHOLOGICAL PERSPECTIVES IN EDUCATION

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12117913	Psychological perspectives in education	CO1	Understanding the meaning and processes of education at individual and social plains in the Indian context
		CO2	Demonstrating an appreciation of the role of the teacher in education.
		CO3	Understanding the social processes within the classroom and broader societal contexts that shape student's learning outcomes.
		CO4	Developing an insight into the notion of inclusivity in education.

DSE 02: HUMAN RESOURCE MANAGEMENT

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
12117903	Human resource management	CO1	Developing the basic ability to assist HR departments in fulfilling human resource functions, particularly related to recruitment, selection, performance appraisal, and training. • Developing skills to conduct job analysis that could form the basis of selection instruments as well as performance appraisal system
		CO2	Developing multi-cultural understanding of HRM and sensitivity towards diversity.

BAP 6: COUNSELLING PSYCHOLOGY

Unique Paper Code	Name of the Paper	Course Outcome: CO	Statement
62117901	Counselling psychology	CO1	To develop an understanding of basic concepts, processes, techniques of Counselling

